

HEALTHY CASS COUNTY

2026-27

Each meeting topic is guided by data from the 2025 Cass County Community Health Improvement Plan as well as the Iowa State Health Improvement Plan. This intentional alignment ensures that our coalition's efforts are responsive to local community needs while also supporting statewide health priorities.

November 2026	December 2026	January 2027
Awareness of Resources – Cass County Increase awareness of local resources and strengthen collaboration among community organizations so residents can more easily identify and access services that support their health and well-being. <i>In Collaboration with Thrive Iowa</i> 	Recap of Cass Health Cancer Initiatives Review current cancer prevention, screening, patient navigation, and survivorship initiatives and identify opportunities for continued community collaboration.	Iowa Food Systems Plan Explore how Iowa's food system affects food security, healthy eating, local food access, and the health of Cass County residents.
February 2027	March 2027	April 2027
Mental Health Apprenticeship Program Learn how the Mental Health Apprenticeship Program can strengthen the local behavioral health workforce and create new pathways for individuals interested in mental health careers.	Increase Awareness of Iowa CAFE, WIC, SNAP, etc. – Collaborate with Thrive Increase awareness of food assistance and nutrition programs available to Cass County residents and strengthen partnerships that help individuals and families access available resources. <i>In Collaboration with Thrive Iowa</i> 	Collaborate with Employers to Support Mental Health Resource Availability in Cass County Collaborate with local employers to increase awareness of mental health resources, encourage supportive workplace environments, and connect employees with available community supports.
May 2027	June 2027	July 2027
Family Caregiver Center Learn about the Family Caregiver Center and the resources available to support individuals caring for family members, including resources that promote aging in place and caregiver well-being.	Volunteerism In Cass County A brief recap of the Cass County Volunteerism Project and nonprofit trainings, including successes, challenges, and opportunities to continue strengthening volunteerism and collaboration across our community.	Support Collection of Youth Mental Health Data Strengthen the collection and sharing of youth mental health data to better understand local needs, identify gaps, and guide prevention and referral efforts across Cass County.
August 2027	September 2027	October 2027
No Healthy Cass County Meeting 	Food Equity for All – Healthy Donations Explore how community organizations, businesses, and residents can support food equity by increasing access to nutritious foods and encouraging healthier donations to local food resources.	Move Your Way Cass County Increase awareness of opportunities for physical activity and explore ways to make active living easier and more accessible for Cass County residents.