S EASS HEALTH | ATLANTIC, IOWA | SPRING 2021



New construction. New name. Same amazing team.

At Cass Health, you'll find that even through all of these changes, we're still the same great people, the same independent hospital, and we will always be here for you, your family, your loved ones, and this community.



"To be named in the Top 20 out of 1,350 critical access hospitals in America is an amazing accomplishment and reflects the talent and hard work of our staff.

This is one of the highest honors we could receive, and we hope that the community feels as proud as we do."

Cass Health CEO Brett Altman

Our vision is to be the best rural hospital in America for patients to receive care, employees to work, and physicians to practice. We are honored to be one of the country's top 20 critical access hospitals as determined by the Chartis Center for Rural Health.

While this award helps us know that we're on the path to reach our vision, it isn't the end of the story.

We focus on delivering superior experiences every day, and that means we are constantly evaluating how we can be even better. We spent years developing plans to lead us into a healthy future for our organization; how to provide more access to care, how to update our facilities, how to thrive.

As we grow within the region–nearly 33% of our patients come from outside of Cass County these days–we realized that our commitment to our patients, families, and communities doesn't end at the county line. Our reach, and our passion for care, goes well beyond.

While the name has evolved to better reflect our modernization and growth, we want you to know that there are many things that haven't changed. We live by the same values. We strive for the same mission. We work hard every day, in every way, to be the very best for all of you.

CONSTRUCTION UPDATE







Construction is in full swing at Cass Health! Patients and visitors have probably noticed it looks a bit different, and it's a bit noisy! We appreciate your patience with us as we continue to work through the noise and mess.

Several parts of our construction project have wrapped up, including the 1500 building, Pharmacy addition, and exam rooms in the Specialty Clinic. But there's lots more to come! Areas that will be under construction or renovation include:

- Atlantic Medical Center
- North half to open in late summer!
- Admissions
- Main Entrance Driveway
- Main Entrance Atrium & New Staircase
- Coffee Shop
- Gift Shop
- Specialty Clinic
 - Infusion/Treatment Room
 - Additional Exam Rooms
- Cafeteria
- Helipad
- Additional parking near the Emergency, AMC Rapid Care, and Rehabilitation Services entrances





MAIN ENTRANCE TEMPORARY CLOSURE

Heads up! The Main Entrance will be closed at the end of the summer for several months as crews work on replacing the driveway up to the building. Stay tuned to local media and our social media accounts as construction continues!

SENIOR LIFE SOLUTIONS NEW LOCATION

The Senior Life Solutions program has moved into their new location at 1500 East 10th Street, which is just across the street from the main hospital building.



NEIGHBORLY NEWS

Stay up-to-date with Cass Health news by following us on social media. You'll find us on Facebook, Instagram, and Twitter!





DAISY Award Winner Britni Olson, RN

Congratulations to our Spring 2021 DAISY Award winner Britni Olson, RN. Britni works in our obstetrics and inpatient units, and she was nominated by an OB patient for her support and help with breast and bottle feeding.

Left to right: Inpatient Services Manager Pam Harrison, Britni Olson, Chief Nursing Officer Amanda Bireline.

Read the heartfelt story behind Britni's nomination at casshealth.org/daisy.





Congrats to our 2021 Scholarship Winners

2021 Nursing Scholarship

Kate Nachtman, BSN, RN accepts her scholarship from Chief Nursing Officer Amanda Bireline. Kate is working on her MSN with a focus in education from Nebraska Wesleyan University.

2021 Allied Health Scholarship

Sadie Schultes accepts her scholarship from CEO Brett Altman. Sadie is an Occupational Therapy student at Creighton University.



AMC Rapid Care **New Hours**

Located next to the Emergency Department, AMC Rapid Care is open seven days a week for minor health issues that can't wait.

Our New Hours

- Monday-Friday
 - 8 am to 1 pm
 - 2 pm to 8 pm
- Saturday-Sunday
 - 10 am to 1 pm
 - 2 pm to 6 pm



Don't have a MyChart account yet? Ask about MyChart at your next visit, or learn more at casshealth.org/patients/my-chart.

SAVE TIME WITH ECHECK-IN

Want to speed through Admissions? Use the eCheck-In feature in your MyChart account!

- Use eCheck-In for your appointments up to 5 days prior, but not closer than one hour.
- Simply verify or update your contact information, insurance info, and allergies.
- Pay your copay, and review and sign the consent for treatment.
- Once you click submit, you're done!

When you arrive for your appointment, you'll still need to stop at Admissions to get your patient wristband, and so that we know you're here and ready for your appointment!



MEDICAL STAFF

AMC Rapid Care Rebecca McCann, ARNP Emily Nadler, PA-C Amy Petersen, ARNP Anesthesia Brent Goodrich, CRNA Jason Smith, CRNA Carolyn Sutter, CRNA **Chief Medical Officer** Elaine Berry, MD **Emergency Department** Patricia Goodemote, MD Theresa Bender, APRN Tammy Bireline, ARNP Holly Christensen, ARNP Heather Hergott, DO Brandi Schaefer, APRN Elizabeth Fowlkes, PA-C Ear, Nose, and Throat Rick Rinehart, MD

Family Medicine Seann Atkinson, DO Edna Becht, DO Elaine Berry, MD Autumn Keiser, MD Angela Weppler, MD Stacey Bean, PA-C Elisha Hardy, ARNP Scott Hixson, PA-C Jessica Jackson, ARNP Mary Robinson, PA-C Max Starlin, PA-C

General Surgery Chad McCance, MD, FACS Hospital Medicine Cyndi Wu, ARNP Paul Kerschinske, ARNP Shannon Peterson, ARNP Internal Medicine Bethel Kopp, MD Neurology Blanca Marky, MD Obstetrics and Gynecology Emily Chang, DO, FACOG Marcela Pineda, MD Optometry

Jeff Goergen, OD Orthopedics Matthew Weresh, MD, FAAOS Zachary Hollingsworth, PA-C Podiatry /

Foot & Ankle Surgery Roger Drown, DPM Psychiatry Ivan Delgado, MD Rheumatology Kim Hendricks, DO

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Allergy, Asthma, Sinus Ravinder Agarwal, MD Cardiology Thomas Brandt, MD Steven Henry, MD Brianna Hoden, APRN Mark Holmberg, MD Ann Narmi, MD Atul Ramachandran, MD Dermatology

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Pulmonology Jason Mohr, DO Ryan Brimeyer, DO

Retinal Specialist

David Ingvoldstad, MD Urology Bruce Lundak, MD Vascular Medicine Nicholas Southard, DO



Visit casshealth.org/specialtyclinic to see the Specialty Clinic's calendar.

Learn about all of our services at casshealth.org!







Individuals shall be accorded impartial access to treatment or accommodations that are available or medically indicated, regardless of race, color, sex, national origin, disability, religion, age, sexual orientation, gender identity, or sources of payment for care.