

## **Tumunun Naum We Semirit An Epwe No Churi Naun Doctor**

Mi fokun aujea an ekewe inenap me ewe semenap repwe pwan sinei ia repwe no ian ren naur we simirt ika ra semwen. Nge akaewin ngeni ar kewe check up ika atun epwe tori fansoun ar repwe ne churi sefani naur kewe doctor.

### **Ikei tetenun ar repwe eto churi neur kewe doctor ren ar repwe check up**

- Aewin week (3 ngeni 5 ran ierin)
- 1 maram old
- 2 maram old
- 4 maram old
- 6 maram old
- 9 maram old
- 12 maram old
- 15 maram old
- 18 maram old
- 2 years old
- 3 years old
- 4 years old
- 5 years old
- 6 years old
- 7 years old
- 8 years old
- 9 years old
- 10 years old
- 11 years old
- 12 years old
- 13 years old
- 14 years old
- 15 years old
- 16 years old
- 17 years old
- 18 years old

**Ikei tetenun an naum we simirit an epwe awesi an churi neun we doctor pun epwe tumun me epeti seni ekewe sokun semwen.** Kepwe pwan eisini neun we doctor ren ekewe ekoch metoch ren epechekunen me tumunun ren naum we semirit.

- Kopwe pwan kakaton ifa usun mamaritan me mwakutukutun non an marita me an kaeo murin om wato ren an churi naun we doctor.
- Kepwe pwan erani naun we doctor ika aporausia porausen ifa usun ren an meur me mongo ika fen ekewe ekoch.
- Neun we doctor emochen om kopwe wana noum we semirt iteiten ren an epwe kan churi me sinei non an memerita me pwan an esap etiwano an kewe appointment ren an epwe tumun me pechekun epwe pwan unus metekewe epwe angei ren tamman, choun,me ekewe apwoss ren an epwe pechekun me tumun seni semwen.

### **Ina popun mi auchea an epwe churi neun we doctor me ewe nurse.**

Mi pwan chomwong ekewe doctor om kopwe finata an epwe chon tumunu naum we semirit, ika a semwen. Ika fen ren tumun ka tongeni kokori ei nampa 712-243-2850 to make an appointment.

Ika kepwan mochen om kopwe amasew ekan application faniten health insurance kemi pwan tongeni kokori ei pekin Patient Financial Advisor iei nampan ei phone 712-250-8041

## Well-Child Care Visits

Parents know who they should go to when their child is sick. But check-ups are just as important for healthy children.

The American Academy of Pediatrics developed a set of screenings and assessments recommended at each well-child visit from infancy through adolescence.

### **Schedule of well-child check-ups**

- The first week visit (3 to 5 days old)
- 1 month old
- 2 months old
- 4 months old
- 6 months old
- 9 months old
- 12 months old
- 15 months old
- 18 months old
- 2 years old
- 3 years old
- 4 years old
- 5 years old
- 6 years old
- 7 years old
- 8 years old
- 9 years old
- 10 years old
- 11 years old
- 12 years old
- 13 years old
- 14 years old
- 15 years old
- 16 years old
- 17 years old
- 18 years old

### **The benefits of well-child check-ups**

- **Prevention.** Your child gets scheduled immunizations to prevent illness. You also can ask your doctor about nutrition and safety in the home and at school.
- **Tracking growth and development.** See how much your child has grown in the time since your last check-up. You can discuss your child's milestones, social behaviors, and learning.
- **Raising concerns.** Make a list of topics you want to talk about with your child's doctor such as development, behavior, sleep, eating, or dental care.

### **What happens during a well-child visit?**

Your doctor wants to keep track of your child's health and development. The doctor or nurse will take measurements like height and weight, conduct a head-to-toe examination, update immunizations, and answer questions you may have.

### **Who can you go to for well-child checkups?**

We have many doctors who you can choose from to care for your children when sick or healthy! Call 712-243-2850 to make an appointment.

### **Well-Child Visits & Health Insurance**

If you need help signing up for health insurance, contact our Patient Financial Advisors at 712-250-8041 to make an appointment. You will need to bring important documents with you, such as your Passport and I-94 number.

Most well-child visits are considered preventive care, which means there is typically no extra cost to you. Our Patient Financial Advisors can help you find out more.