

Delivering Masks to CCHS

The finished masks can be delivered to the CCHS loading dock Monday-Friday from 8 to 4:30. (Star on map.) Please place in the designated tote. While we'd love to come outside and say thanks, we are practicing good social distancing. So, we'll say it here — *Thank you!!!*



New Instructions — Simpler Version!

April 3, 2020

Style Three: Simple Mask

Considerations: Fabric of tight weave cotton or cotton/poly and color-fast so when washed in hot water will not bleed.

Material	Quantity	Dimensions
Cotton or cotton/poly woven fabric	1	14" long x 8" wide or 14" x 9" (We need some larger masks.)
Bias tape or 2" width fabric strips	2	**36" long**

***** If you use hair ties in place of elastic, then increase the width of fabric to 9 ½ and make a casing on the end for the tie.**

- Fold your fabric right sides together, matching the short edges.
- Mark 1.5" in from each unfinished side.
- Stitch along your finished edges with ¾" seam allowance to the mark, reversing at the beginning and end of your seam. Press your seam allowance open.
- Topstitch one edge of your seam allowance, ⅛" from the fold.
- Mark ½" above the unstitched side of your seam allowance. Fold your mask at that mark. Press flat. Topstitch around the entire mask, ⅛" from the edge.
- Fold three ¾" pleats along your mask ****so pleats face down on the front of the mask.**** Press. Run a basting stitch along the edge of the mask to hold the pleats.
- Lay your bias tape or 2" fabric strip right sides together along the edge of the mask. Leave 12" of bias tape hanging below the mask and the rest of the excess above the mask. Stitch in place with a ¾" seam allowance. ***** See note above if using hair ties.**
- Fold the raw edge of your bias tape to meet the raw edge of your mask. Fold again so the folded edges meet along the ties, and covers your previous stitching on the mask. Topstitch in place down the entire length of the bias
- Finished!

Style One

1. 1 piece of fabric measuring 8" x 14". Until you get familiar with this tutorial, I would suggest a non-directional print. One that has a scattered image printed on the surface such as the one shown.
2. 2 strips of fabric measuring 1.75" (1 3/4") x 6". This will be the accent edge piece. It can be the same fabric as the main piece or a small-scale print or solid.
3. Two pieces of 1/4" width elastic. These will be about 6 1/2" long.
4. Ruler
5. Fabric marking tool.
6. Pins
7. Scissors
8. Sewing machine, threaded.



Fold the main piece of fabric in half, right sides together. Sew along the 8 inch width edge, using a 1/4 inch seam allowance.

Turn this tube shape inside out, so that the right side of the fabric is now on the outside. Press this flat, keeping the seam to one end of the flattened tube.

Place the tube of fabric so that the raw edges are on each side and the seam edge is at the bottom. Using a ruler, measure and mark a line 1 1/2 inches from the bottom edge. Make another line 1 inch above this line, or 2 1/2 inches from the seam edge. Don't use a pencil as you see in the picture, use a fabric pen, or fabric chalk.

Fold the seam edge up making the crease on the first line that you just marked. You should have 1 1/2 inch edge here.

Flip the tube piece over. Match the crease edge to the second line that you made earlier. Press. The pleat that you just created will be 1/2 inch deep. Pin the pleat down on each raw edge end.

Now mark another line one inch above the last line that you made (or 3 inches above the seam edge). Using these lines as your guide, repeat the steps that you followed to make the first pleat.

You should now have two pleats, each one being 1/2 inch deep. Repeat the steps you used to make the second pleat, so that you end up with three pleats total. Press.

Using a 1/8" seam allowance, baste stitch the raw edge, so that both raw edges are basted.

Pin one elastic piece to the raw edge, making sure not to twist it before baste stitching it to the edge at both ends. I placed mine 1/8" from the top and bottom edge of the main pleated piece. Baste elastic in place 1/8" inch from raw edge. Repeat, to attach remaining elastic piece to the other raw edge.

Fold each accent strip of fabric lengthwise in half, matching raw edges, press. Place the strip on top of the elastic. Make sure the raw edge is facing outward, and the creased edge is facing the main body of the pleated piece. It will be a little longer on the top and bottom and that is okay, as we are going to fold some of that to the back.

Tuck about 1/2" of the top edge to the back. Pin all layers in place. Trim the other end of the accent strip, so that it is about 1/2" longer than the bottom edge of the main pleated piece. Fold the bottom edge of the accent fabric strip to the back, just as you did with the top edge. Pin both ends in place. Using a 1/4 inch seam allowance, stitch the length of the entire edge, making sure to back stitch at the beginning and end.

Flip the accent fabric strip outward away from the main pleated piece, then press. Fold the entire accent piece down toward the main pleated piece, encasing the raw seam. Press. Pin edge down.

Stitch this accent strip down to the main body of the mask, sewing along the edge, making sure to back stitch at the beginning and end.

This step isn't necessary. It just gives it a nice finished look, and helps to give that elastic a little extra stability. Stitch down the edge of the mask close to the elastic side.

Style Two

9" x 15" fabric outer layer

9" x 15" fabric lining layer

(3 regular or large size masks of either design, can be made from 1/4 yard (9") of 45" wide fabric)

3.5" piece of soft wire (this can be decorative wire as shown, or picture wire, or even a paper clip if that's all you can find, OR just skip the wire!)

approx. 22" of elastic cord (depends on head size and application used)

WHAT KIND OF FABRIC?

You can choose any tightly woven cotton or cotton/poly fabric you like. Hold it up to the light to see how tight the weave is. Use the same fabric for outer and lining if you want, or use different ones to help you remember which side is clean and which dirty.

Don't use stretchy, sequined or velvet material.

Wash all fabrics before sewing to pre-shrink, and to assure you are working with the most sanitary materials possible.

Pin pattern piece to folded fabrics (outer and lining). Cut 4.

Lay inner layer over outer layer, right sides facing in. Sew the top edge and the bottom edge. Clip curved seam.

Turn right side out. Top stitch the top and bottom seams, 1/8" from edge. This will assure both layers stay in place during laundering.

Make a channel to hold the nose wire by stitching a line 1/4" from the top stitch line, echoing the curve (2" on each side). Slide a 3"ish piece of wire into the slot created (loop the ends first with pliers if they are sharp). Sew the ends of the channel closed

Make elastic into loops and fit mask to your head by tucking loops behind ears, you can knot as needed. It should fit snugly but not pull on your ears. If desired, you can make the elastic go around the back of the head. Don't cut the elastic in half. Feed each end of the 16" length through the sleeves in a U shape. Tie together and fit mask. Adjust knot as needed for snug fit.

