

Know Where to Go

Primary Care Provider

For routine and acute healthcare needs that are not emergencies, your first choice should always be to call your primary care provider's office.

Your primary care provider is here to help you with any medical question, concern, or acute illness and injury.

- Annual physicals and sports physicals
- Chronic conditions
- Illness and injuries
- Pregnancy tests
- Screenings
- Vaccinations
- Well-child exams
- *PLUS any of the healthcare needs listed under AMC Rapid Care*

Appointments are available six days a week, and we provide care in Atlantic, Anita, Griswold, and Massena. Call 712-243-2850 for an appointment.

AMC Rapid Care

AMC Rapid Care is the right place for minor injuries & illness when your primary care provider isn't available soon enough. All patients are seen on a first-come, first-served basis without appointments.

- Asthma attack (mild)
- Possible broken bone
- Burns (minor)
- Congestion or cough
- Earaches
- Eye or skin infections
- Insect bites or rashes
- Minor cuts and wounds
- Nausea, vomiting, diarrhea
- Seasonal allergies
- Sprains, strains, bruises
- Sinus issues
- Sore throat
- Urinary tract infections

Routine prescriptions and chronic conditions are not addressed in AMC Rapid Care, because those items need to be discussed with your primary care provider. AMC Rapid Care also does not administer or prescribe IV fluids or narcotics.

It's also important to know that if your condition worsens, or if the provider has immediate concerns about your health and safety, you may be transferred to the Emergency Department for care.

Emergency Department

Always call 911 if someone has the signs and symptoms of a heart attack or stroke.

- Abdominal pain
- Asthma attack (*first or severe*)
- Broken bones (*hip, deformity, severe pain, or bone is visible*)
- Burns or electrical shock (*severe*)
- Coughing or vomiting blood
- Difficulty breathing
- Heart Attack
- Infants under 3 months old with fever
- Migraines (*first or worst ever*)
- Poison ingestion
- Severe diarrhea or dehydration
- Shock
- Trauma
- Serious head injury
- Stroke
- Uncontrollable bleeding or amputation

