



CCMH Seasons

CASS COUNTY MEMORIAL HOSPITAL

ATLANTIC, IOWA

Fall 2011

Dr. Seann Atkinson joins Atlantic Medical Center

Seann Atkinson, D.O., will be joining Atlantic Medical Center (AMC) in October 2011. Dr. Atkinson is a board-certified family practice physician, currently practicing in Sturgis, SD. He will provide comprehensive family medicine services.

"We are thrilled to have Dr. Atkinson join our practice," said Dr. Angela Weppler, AMC family practice physician. "He and his family will be a wonderful asset to our clinic, hospital and community."

In addition to caring for patients at Atlantic Medical Center, Dr. Atkinson will be on staff at Cass County Memorial Hospital. "Dr. Atkinson comes *continued on page 4*



PFC Austin Arndt and his wife Lindsay were able to be together during their daughter's birth via Cass Connect, with grandma-to-be Theresa Jordison looking on.

Cass Connect brings families together

Originally from Atlantic, Lindsay and PFC Austin Arndt enjoyed living abroad while Austin was stationed at the US Army Garrison in Grafenwohr, Germany. When they learned Lindsay was expecting their first child, they wanted to be back home with medical care they trusted.

So Lindsay moved back to Atlantic about three months before their baby was due, leaving Austin in Germany.

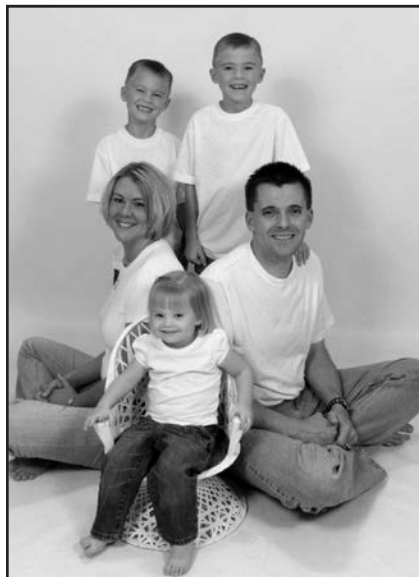
"It was difficult being separated, but military families get used to that," Lindsay explained.

Lindsay chose Dr. James Brown, OB/Gyn, for her prenatal and delivery care. "He is such a good doctor, he did an

excellent job!" she said.

While she was very happy with her choice to come home to Atlantic for the birth of her daughter, it was hard to be away from her husband, especially when Lindsay went into labor. She appreciated how calm and friendly the nurses were, "they were excellent!"

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Dr. Seann Atkinson and family

Inside this issue



Outpatient Clinics



Medical Staff



Construction Update

RAGBRAI rider has extended visit in Atlantic

When Don Wirtz left his home in Georgia for Iowa, he planned to have a lot of fun adventures as he rode RAGBRAI with his son-in-law and two grandsons. Having grown up in West Bend, Iowa, he was looking forward to returning after 26 years in the Atlanta area. He certainly didn't plan the adventure that actually happened!

Riding behind the rest of his group, Don was heading down a hill into Lewis when another biker crossed a lane of traffic and they collided. Don went over the handlebars and knew right away he needed help. "I was so grateful to all the bikers who stopped to help me and clear oncoming bikes from the lane," he said. "The ambulance was there very quickly, and got me to the hospital for the care I needed."

Don was treated in the CCMH Emergency

Department (ED) before being admitted. In addition to some road rash, CT scans showed six fractured ribs and a badly bruised hip, which made moving very painful. "I really got off pretty lucky, thanks to the helmet I bought just for RAGBRAI," Don noted.

Don was one of 68 RAGBRAI patients treated in the ED, along with 19 non-RAGBRAI patients. CCMH staff also worked with area nursing students and Medivac staff to care for 120 patients at the RAGBRAI first aid booth. Most were treated for dehydration, and expressed their appreciation for the efficient, professional care that allowed them to return to the ride.

Don was not as lucky, but he was very appreciative of the care he received in the ED, including the extra effort a nurse took to track down

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"Staff were fantastic"

CCMH Services

Acute, Hospitality, Skilled and Special Care Nursing

Respiratory Care

24-hr. Emergency Department

Behavioral Health Services, inpatient and outpatient

Child Health Clinics

Laboratory: pathology, EKGs,

Lifeline

Health Screenings

Pet Therapy

Supportive Care

Surgery: general, urological, ear-nose & throat, podiatry, ophthalmologic, orthopaedic & dental

Tobacco Cessation

Rehab Services: physical, speech, occupational & recreation therapies cardiac and pulmonary rehab

Continuing Education

Care Coordination

Ambulatory Heart Monitoring

Telemetry monitoring

CPR & First Aid Classes

Radiology: CT scans, ultrasound, MRI, nuclear medicine, bone densitometry, PET scans, digital and stereotactic mammography, analog and digital radiography

Meals-on-Wheels

Diabetes Education

Sleep Studies

Hemodialysis

Obstetrics: birthing room, prenatal classes, fetal monitoring, epidural

Wound, ostomy, continence care

MONTHLY OUTPATIENT CLINICS

Allergy

Tracey Wellendorf, M.D.

Cardiology

Joseph Lynch, M.D.
Syed Mohiuddin, M.D.
Mark Holmberg, M.D.
Karen Rovang, M.D.
Mark P. Woodruff, M.D.
Robert Armbruster, M.D.
Michael White, M.D.
Amy Arouni, M.D.
Syed Ahmed, M.D.
Tom Hee, M.D.

Dermatology

Vincent Angeloni, M.D.
Gloria Thielking, PA-C

Ear, Nose, Throat

Tracey Wellendorf, M.D.

Hemodialysis

Davita Atlantic

Nephrology

J.P. Schmolck, M.D.

Neurosurgery

Ric Jensen, M.D.

Oncology

John Okerbloom, M.D.
Robert Warner, M.D.
Joseph Stilwill, M.D.

Ophthalmology

David Hanks, D.O.

Orthopedics

James Canedy, M.D.
Mark Goebel, M.D.
Matthew Weresh, M.D.

Physical Medicine Specialist

Stuart Oxford, M.D.

Podiatry

Andrew Stanislav, D.P.M.

Radiology

Nebraska-Iowa Radiology Consultants, Inc.

Retinal Specialist

David Ingvaldstad, M.D.

Rheumatology

John Hurley, M.D.

Urology

Bruce Lundak, M.D.
Andrew Trainer, M.D.

Vascular Medicine

Eugene Waltke, M.D.

RAGBRAI rider has extended visit in Atlantic

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his family among the 10,000 riders in Atlantic that day. "I knew they would be worried, but my phone disappeared in the accident and I was not thinking clearly at that point," Don explained. "Judi did a great job locating my wife and daughter, who were able to reach my riding group."

Don's wife, Alice, flew immediately to Atlantic, expecting to be here just a couple days. Unfortunately, Don developed complications in the middle of the night, including increased temperature and blood pressure, and confusion – he had contracted blood poisoning, probably from dirt on the road when he fell. "I knew it was very serious by



Ryan Legg, DPT, CCMH physical therapist, monitors Don Wirtz during physical therapy after his biking accident.

the way the staff responded," Alice said.

Don's stay in Atlantic was extended for another week

as he received antibiotic treatments. In the end, he was thankful for the extra time to heal before a full day of travel home.

"The physical therapy staff were fantastic," he noted. "Every session enabled me to move, sit and stand more comfortably. It was all tailored specifically for my issues."

Don and Alice were both very impressed with and grateful for the care he received at CCMH. "Everything we needed was provided even before we realized we needed it, including a bed so Alice could stay in the room with me and assistance changing our flight home three times, as my condition kept changing," Don said. "I felt like I was in my hometown – everyone was so helpful and nice, and very good at their jobs. I'm not used to needing help, but they were always one step ahead of our needs. It couldn't have been any better!"

"It couldn't have been any better!"



Work Progresses on Schedule

The CCMH Addition and Renovation project is back on schedule after some spring rain delays. The new addition to the Atlantic Medical Center will be the first part of the project to be completed, with a projected occupancy in late September. This addition will be primarily used by Dr. James Brown, OB/Gyn, and includes two patient exam rooms, one procedure room, a physician office and an expanded nursing station. Upon completion, crews will begin remodeling some existing space within AMC to create more patient exam rooms.

The main addition off the current hospital emergency room is taking shape, with concrete scheduled to be poured this month for both the main and upper level flooring. Crews continue to work on the exterior framing of this addition in order to have the area enclosed for interior work during the winter months.

Watch the CCMH website, www.casshealth.org, for the latest updates on the construction progress.

CONSTRUCTION ZONE

Dr. Seann Atkinson joins Atlantic Medical Center

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to us with seven years of experience and outstanding recommendations," noted Pat Markham, CCMH Administrator. "We are very pleased to add another such well-qualified physician to care for our patients throughout Southwest Iowa."

Dr. Atkinson grew up in Ankeny, Iowa, and received his zoology degree from Iowa State University. He graduated from the Des Moines University Osteopathic Medical Center in 2001, and the Rapid City Regional Hospital Family Practice Residency Program, Rapid City, SD in 2004. Since then he has practiced with the Regional Health Physicians in Sturgis, SD, providing inpatient,

outpatient and emergency room care. "From my first visit, the medical professionals and staff in Atlantic have been very welcoming," Dr. Atkinson said. "They are a wonderful group of people, and I'm looking forward to joining them."

Dr. Atkinson and his wife, Shelly, have three children – Tyler (9), Brayden (7), and Kayla (4). "We fell in love with Atlantic – the people, community and lifestyle," Dr. Atkinson continued. "It's just what we were looking for!"

Pending approval of his Iowa medical license, Dr. Atkinson will begin caring for patients in Atlantic in late October.

Cass Connect brings families together

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and having her mom with her throughout labor and delivery, but it wasn't the same as having her husband by her side.

That's where Cass Connect came in and made all the difference for Lindsay and Austin. Cass Connect allows in-room video conferencing, and made it possible for Austin to be at Lindsay's side throughout her labor and delivery, even though he was in Germany.

"It was like he was in the room with me the whole time,"

Lindsay said. "Just hearing his voice was so reassuring."

Cass Connect is available to patients in the obstetrics, medical/surgical, and special care units of the hospital. "Family support is so important to patients, whether they've had a new baby or may be in critical condition," noted Steve Stark, Chief Information Officer. "We are so pleased to provide another way for patients to enjoy that support, even from halfway around the world."

McKinzi Michelle was born at 10:46 am on August 11, 2011, a healthy baby girl. "As much as it meant to me to have Austin with us for the birth, it was even more important for him," Lindsay noted. "There's nothing more special than seeing your baby born, and we really appreciate the hospital staff making that happen for Austin!"

Individuals shall be accorded impartial access to treatment or accommodations that are available or medically indicated, regardless of race, creed, color, gender, national origin, age, sexual preference, disability or sources of payment for care.

"Seasons" is published quarterly by Cass County Memorial Hospital to keep residents of the Cass County area in touch with issues in health care.

For more information, write Cass County Memorial Hospital, 1501 East 10th Street, Atlantic, Iowa 50022. Telephone: (712) 243-3250

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